

Ninilchik Senior Citizens, Inc. - Kitchen Expansion

FY2024 Request: \$0
Reference No: AMD 65086

AP/AL: Appropriation
Category: Transportation
Location: Ninilchik

Project Type: Life / Health / Safety
Recipient: Ninilchik Senior Citizens, Inc.
House District: Kachemak
 Bay/Ninilchik/Kasilof (HD 6)
Contact: Catherine Reardon

Impact House District: Kachemak
 Bay/Ninilchik/Kasilof (HD 6)

Estimated Project Dates: 07/01/2023 - 06/30/2028 **Contact Phone:** (907)465-2506

Brief Summary and Statement of Need:

Preserve general funds for savings and fiscal stability.

Funding:	<u>FY2024</u>	<u>FY2025</u>	<u>FY2026</u>	<u>FY2027</u>	<u>FY2028</u>	<u>FY2029</u>	<u>Total</u>
1004 Gen Fund							\$0
Total:	\$0	\$0	\$0	\$0	\$0	\$0	\$0

<input type="checkbox"/> State Match Required	<input type="checkbox"/> One-Time Project	<input type="checkbox"/> Phased - new	<input type="checkbox"/> Phased - underway	<input checked="" type="checkbox"/> Ongoing
0% = Minimum State Match % Required		<input checked="" type="checkbox"/> Amendment	<input type="checkbox"/> Mental Health Bill	

Operating & Maintenance Costs:

	<u>Amount</u>	<u>Staff</u>
Project Development:	0	0
Ongoing Operating:	0	0
One-Time Startup:	0	
Totals:	0	0

Prior Funding History / Additional Information:

Project Description/Justification:

Ninilchik Senior Center (NSC) began serving seniors in 1981 with our official non-profit status beginning in 1987. Our center began through the grass roots efforts of a few Ninilchik seniors to provide a place for seniors to go and socialize with their friends. Land was donated by one of the local seniors for a start to this desire as well as monetary donations and lots of sweat equity for a building to be constructed. After almost 10 years, it was realized that the current building size was no longer adequate for the number of seniors wanting to enjoy the center.

Through state grants for materials and donated labor by area seniors, 1993 saw the building expand to what we have today. NSC's kitchen expansion project consists of expanding the size of our kitchen, increasing the amount of usable space by over 1/3 with total overall usable square footage increasing from 441 to 651 square feet. The existing amount of oven and counter space is not consistently meeting the amount of space needed to prepare and package enough food to satisfy the needs of the seniors served. As our senior population ages and their needs change as well as the senior population continuing to grow, the demand for meals has increased.

For comparison:

FY1990: NSC provided 3,450 meals

FY2004: NSC provided 6,921 meals
FY2016: NSC provided 9,632 meals
FY2022: NSC provided 13,650 meals

FY23 meal counts have increased by over 20% on average during the first six months when compared to FY22. We expect to see these numbers continue to rise in the future as the projected state senior population grows. Through all of this growth, our kitchen size has remained the same since 1993. Over the years, the stove/oven and convection oven have been replaced, putting the old appliances into storage in anticipation of incorporating them back into the kitchen someday. We have added an additional staff member to meet the growing demands of senior meals; however, due to the size of the kitchen it is a very tight space to work in for three people.

The project plan is to enlarge the physical amount of usable kitchen space by 210 square feet and incorporate our old stove/oven and convection oven into the floor plan (for a total of two oven/stoves and two convection ovens). In addition, the plan will double our existing counter space by adding a double sink and counter area for salad bar preparation, a separate sink area for handwashing, and two additional 6-foot counters with storage underneath. In addition to the counter space, storage areas, and sinks, we will need to purchase an additional kitchen hood and fire suppression system as well as stainless steel panels to go behind the additional stove and convection oven.

After completion of this project, the center will have the means necessary to continue feeding our growing senior population for many years to come. NSC serves seniors in Kasilof, Cohoe, Clam Gulch, Ninilchik, Happy Valley, and Anchor Point areas. Based on the 2020 census information, as shown and summarized on the data.census.gov website, there are approximately 3,449 total people living in the communities served by the Ninilchik Senior Center with 1,195 being over 60 years of age. The "Snapshot Report" provided by the Alaska Coalition on Aging for 2020/2021 states, "Alaska continues to be the fastest growing senior population per capita for the ninth consecutive year." (Source: 2020 Profile of Older Americans, Administration on Aging) The report further states that, "Alaska's population of seniors age 60+ continues to grow and increased 56.4% between 2010 and 2021" and that "In 2020, Alaskans age 60+ represent 19.5% of the state's total population." Another item to note is that the number of senior citizens served outside of our borough designated service area (mile 106 to 144 on the Sterling Highway) continues to increase. We regularly see seniors enjoying the services NSC provides from Anchor Point and as far away as Homer.

Project cost breakdown is as follows:

\$162,750 for the remodel costs estimate of \$250/square foot, based on an average amount for our geographic area (Kenai Peninsula) as specified by the contractor we are working with on the project. Area to be remodeled is approximately 31' x 21' (651 sq. ft). Remodel costs include new flooring, removing two walls (one is a support wall), rebuilding one wall and replacing support for the other wall, running new plumbing and electrical where needed, as well as any needed inspections.

This is an estimated cost at this time. We are working with the contractor to get a detailed breakdown as we progress in the project.

\$9,967 total for the following items:

8' x 48' commercial kitchen hood (\$2,669)

Ansul fire suppression system (\$5,569) as required by DEC

(3) Insulated 44' x 119" stainless steel panels (\$1,459) to go behind the newly installed ovens.

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\$5,514 for (6) stainless steel counters with enclosed base sliding, adjustable midshelf and 6" backsplash

\$1,377.99 for a 2-compartment sink, pre-rinse faucet system, and hand sink with faucet

\$5,000 for shipping the above products to Alaska based on the estimates gathered through Webstaurant.com

\$7,500 for installation of the above listed items as well as the moving and re-installation costs of our existing appliances (two stoves, two convection ovens)

\$8,161.01 for unknowns throughout the project

Total project estimated costs: \$200,000

Our timeline is to have funding secured and be able to complete the remodel project during the winter of FY24. We anticipate the project to take approximately 6-8 weeks to complete. During this time, we hope to make arrangements to prepare, package and serve meals in another location here in town to continue serving seniors throughout the project timeline.